

# TUMWATER PIONEER DAYS SUMMER RUN

5K (3.1 MILE) COMPETITIVE RUN (CERTIFIED FLAT COURSE)  
1 MILE KIDS FUN RUN

COMPETITIVE  
AGE GROUPS:

10-12  
13-15  
16-19  
20-29  
30-39  
40-49  
50-59  
60-69  
70 +

**SUNDAY-JULY 3, 2011**

**1 MILE @ 9:00AM**

**FOLLOWED IMMEDIATELY BY 5K**

**STARTS AT HARBOR WHOLESALE-FINISHES @ APEX KARTING  
ON CENTER STREET JUST WEST OF THE AIRPORT**

**MEDALS FOR TOP MALE/FEMALE OVERALL  
RIBBONS FOR TOP 3 M/F IN 9 AGE GROUPS  
RAFFLE DRAWINGS FOR ALL REGISTERED RUNNERS  
KIDS FUN RUN FINISHERS RECEIVE RIBBONS**

**SUBMIT REGISTRATION FORM TO TUMWATER AREA CHAMBER OF  
COMMERCE OR SOUTH SOUND RUNNING IN TUMWATER**

**INFORMATION PHONE LINE :( 360)357-5153 OR FIND MORE**

**INFO ON-LINE: WWW.TUMWATERCHAMBER.COM**

**BRING THE WHOLE FAMILY  
PERIOD DRESS WELCOME  
FOOD AND FUN FOR ALL**



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www.tumwaterchamber.com

*Tumwater Area*  
CHAMBER OF COMMERCE



REGISTRATION FORM:      5K RUN \$30\_ -or- 1 MILE FUN RUN No Charge      Circle One

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ M or F

Address \_\_\_\_\_ T-Shirt Size: S, M, L, XL, XXL

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Signature: \_\_\_\_\_ Birth Date \_\_\_\_\_

Guardian \_\_\_\_\_ Contact Phone: \_\_\_\_\_

In consideration of the acceptance of my entry, I hereby, for myself, my family, my heirs, executors & administrators, forever waive, release & discharge any and all legal claims for damages & causes or suit or action, known or unknown that I may have related to or arising out of my participation in the "Tumwater Pioneer Days Summer Run" event against The Tumwater Area Chamber of Commerce, its board, employees, agents, representatives, officials, volunteers, and all sponsors. I attest that I am physically fit and have sufficiently trained for the event. I am aware of the risks of participating in this event. Further, I hereby grant full permission to the Tumwater Area Chamber of Commerce and/or agents to use my name, photograph, video or other recording devices, for any legitimate purpose including advertising or promotions. I understand that there are no entry refunds, transfers or rollovers. My signature confirms its full acceptance by me. If I am less than 18 years of age, a parent or guardian has co-signed.

