

Thrive Freedom 5k 2018

Lacey, WA

June 30, 2018

Cool and dry!

Rich Brown

CLASS

ID#	PLACE	PLACE	FINISHER	TIME	PACE
Open Men					
1004	1	1 M11	Hunter Aman, 17	17:01.0	5:29

Open Women					
1018	1	1 W11	Natalie Cornwall, 17	21:02.0	6:47

CLASS

ID#	PLACE	PLACE	FINISHER	TIME	PACE
Men Under 11					
1096	11	1	Jae Walz, 9	23:07.0	7:27
1097	16	2	Quin Walz, 7	26:08.0	8:26
1067	18	3	Alex Nehl, 7	26:33.0	8:34
1009	32	4	Jo Billie, 8	34:48.0	11:14
1014	35	5	Raziez Buie, 8	37:18.0	12:02

Men 11 - 19					
1004	1	1	Hunter Aman, 17	17:01.0	5:29
1064	2	2	Cameron Moore, 16	20:18.0	6:33
1062	7	3	Parker McConnell, 18	22:10.0	7:09
1104	15	4	Adam Ahlf, 14	25:46.0	8:19
1006	28	5	Brady Berschauer, 11	32:29.0	10:29

Men 20 - 29					
1017	3	1	Nicholas Calangi, 27	21:10.0	6:50
1057	5	2	Pk Machado, 24	21:59.0	7:05
1092	6	3	Dana Thill, 25	22:03.0	7:07
1010	8	4	Deric-Jon Blas, 28	22:30.0	7:15
1078	9	5	Ben Reece, 24	22:40.0	7:19
1025	14	6	Spenser Dorsey, 23	24:44.0	7:59
1002	34	7	Isaiah Adams, 20	36:20.0	11:43

Men 30 - 39					
1023	4	1	Estan Davis, 35	21:17.0	6:52
1077	21	2	Brandon Reasoner, 35	29:10.0	9:25
1037	22	3	Kevin Hayward, 33	29:11.0	9:25
1042	24	4	Jeff Hunt, 33	30:37.0	9:53
1083	26	5	Robert Schoefer, 39	30:48.0	9:56
1105	30	6	Gary Kagy, 32	34:16.0	11:03

Men 40 - 49

1044	10	1	Brett Imsland, 40	22:58.0	7:25
1094	12	2	Brad Tower, 46	23:59.0	7:44
1118	19	3	Michael Bartoldo, 47	27:32.0	8:53
1061	23	4	Orlan Martinez-Fortun, 46	30:32.0	9:51
1012	25	5	Gerard Buan, 40	30:45.0	9:55
1066	27	6	Carl Mullins, 42	32:21.0	10:26
1055	29	7	Jesus Longoria, 47	33:02.0	10:39

Men 50 - 59

1095	17	1	Duane Walz, 51	26:09.0	8:26
1030	20	2	Patrick Griffith, 54	28:44.0	9:16
1049	33	3	Scott Kampen, 50	35:07.0	11:20
1119	37	4	Chase Davis, 57	56:04.0	18:05

Men 60 - 69

1107	13	1	Mike Henderson, 69	24:10.0	7:48
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Men 70 & Up

1101	31	1	Howard Harris, 76	34:39.0	11:11
1115	36	2	Bob Morrison, 75	55:54.0	18:02
1113	39	3	Peter Sweet, 72	56:34.0	18:15
1050	40	4	Hugh Kessel, 86	1:04:24.0	20:46

CLASS

ID# PLACE PLACE FINISHER TIME PACE

Women Under 11

1003	26	1	Vivi Adams, 7	36:17.0	11:42
1086	36	2	Ashlyn Spencer, 9	41:34.0	13:25
1013	52	3	Aislynn Buie, 5	56:47.0	18:19

Women 11 - 19

1018	1	1	Natalie Cornwall, 17	21:02.0	6:47
1103	2	2	Katelyn Brown, 18	22:40.0	7:19
1008	16	3	Gabi Billie, 11	32:19.0	10:25

Women 20 - 29

1054	19	1	Cassandra Longoria, 23	33:01.0	10:39
1091	21	2	Kayla Tate, 26	33:42.0	10:52
1016	22	3	Emily Calangi, 25	33:44.0	10:53

Women 30 - 39

1089	3	1	Justine Stephens, 30	23:39.0	7:38
1069	6	2	Michelle Oas, 35	26:35.0	8:35
1038	10	3	Laine Hayward, 34	29:12.0	9:25

1043	11	4	Trish Hunt, 31	29:31.0	9:31
1040	12	5	Kaitlin Horn, 30	29:51.0	9:38
1117	15	6	Tania Morrison, 34	31:44.0	10:14
1022	20	7	Diana Davis, 34	33:29.0	10:48
1068	27	8	Sherri Nehl, 37	36:19.0	11:43
1052	33	9	Rebecca Khim, 35	38:51.0	12:32
1093	35	10	Katie Tingle, 30	41:10.0	13:17
1015	53	11	Wendy Buie, 33	56:52.0	18:21
1090	55	12	Kelly Stuart, 32	1:04:00.0	20:39

Women 40 - 49

1046	4	1	Erin Jones, 47	24:44.0	7:59
1081	5	2	Susy Rohrbach, 48	26:14.0	8:28
1122	8	3	Tammy Bunn, 45	28:13.0	9:06
1039	13	4	Elizabeth Herreid, 41	30:19.0	9:47
1073	25	5	Angela Price, 47	36:05.0	11:38
1082	29	6	Kathy Ross, 43	37:40.0	12:09
1079	31	7	Kerry Reetz, 48	37:41.0	12:09
1085	34	8	Angel Spencer, 46	39:18.0	12:41
1019	37	9	Rebecca Cornwall, 44	42:31.0	13:43
1027	38	10	Ann-Marie Fox, 48	43:00.0	13:52
1007	39	11	Nancy Berschauer, 45	44:49.0	14:27
1045	45	12	April Jones, 40	49:45.0	16:03
1041	58	13	Lisa Hughes, 47	1:08:38.0	22:08

Women 50 - 59

1088	7	1	Marialyce Steinberg, 55	28:02.0	9:03
1029	14	2	Teresa Frazier, 54	31:14.0	10:05
1108	17	3	Tami Grubbs, 55	32:27.0	10:28
1071	18	4	Audrey Pastore, 51	32:38.0	10:32
1031	23	5	Lisa Grover, 52	34:25.0	11:06
1075	24	6	Lori Provoe, 57	35:06.0	11:19
1060	30	7	Liz Manning, 52	37:40.0	12:09
1028	32	8	Christine Fox, 50	38:00.0	12:15
1048	40	9	Hettie Kampen, 58	47:55.0	15:27
1065	41	10	Michelle Moore, 51	48:05.0	15:31
1080	43	11	Kimberly Rohr, 52	48:19.0	15:35

Women 60 - 69

1084	42	1	Francine Spahr, 62	48:12.0	15:33
1021	44	2	Karen Cunniff, 63	49:45.0	16:03
1026	46	3	Maureen Fitzgerald, 64	53:15.0	17:11
1109	49	4	Holly Spaulaing, 66	56:06.0	18:06
1111	51	5	Julie Heath, 62	56:34.0	18:15
1036	56	6	Joyce Hancock, 60	1:04:20.0	20:45
1121	57	7	Suzie Hallen, 65	1:08:37.0	22:08
1005	59	8	Lorinda Anderson, 66	1:09:10.0	22:19
1047	61	9	Michele Jones, 65	1:21:46.0	26:23

Women 70 & Up

1070	28	1	Moe O'Hare, 70	37:39.0	12:09
1112	47	2	Bonnie Tucker, 74	56:05.0	18:05
1116	48	3	Sheila Morrison, 75	56:06.0	18:06
1114	50	4	Perki Sweet, 72	56:08.0	18:06
1102	54	5	Doris Aleksich, 70	58:45.0	18:57
1058	60	6	Kathie Mackey, 70	1:14:21.0	23:59

CLASS

ID# PLACE PLACE FINISHER TIME PACE

Individuals

1004	1	1 M11	Hunter Aman, 17	17:01.0	5:29
			6:00 Pace		
1064	2	2 M11	Cameron Moore, 16	20:18.0	6:33
1018	1	1 W11	Natalie Cornwall, 17*	21:02.0	6:47
1017	3	1 M20	Nicholas Calangi, 27	21:10.0	6:50
1023	4	1 M30	Estan Davis, 35	21:17.0	6:52
			7:00 Pace		
1057	5	2 M20	Pk Machado, 24	21:59.0	7:05
1092	6	3 M20	Dana Thill, 25	22:03.0	7:07
1062	7	3 M11	Parker McConnell, 18	22:10.0	7:09
1010	8	4 M20	Deric-Jon Blas, 28	22:30.0	7:15
1078	9	5 M20	Ben Reece, 24	22:40.0	7:19
1103	2	2 W11	Katelyn Brown, 18*	22:40.0	7:19
1044	10	1 M40	Brett Imsland, 40	22:58.0	7:25
1096	11	1 JrM	Jae Walz, 9	23:07.0	7:27
1089	3	1 W30	Justine Stephens, 30*	23:39.0	7:38
1094	12	2 M40	Brad Tower, 46	23:59.0	7:44
1107	13	1 M60	Mike Henderson, 69	24:10.0	7:48
1046	4	1 W40	Erin Jones, 47*	24:44.0	7:59
1025	14	6 M20	Spenser Dorsey, 23	24:44.0	7:59
			8:00 Pace		
1104	15	4 M11	Adam Ahlf, 14	25:46.0	8:19
1097	16	2 JrM	Quin Walz, 7	26:08.0	8:26
1095	17	1 M50	Duane Walz, 51	26:09.0	8:26
1081	5	2 W40	Susy Rohrbach, 48*	26:14.0	8:28
1067	18	3 JrM	Alex Nehl, 7	26:33.0	8:34
1069	6	2 W30	Michelle Oas, 35*	26:35.0	8:35
1118	19	3 M40	Michael Bartoldo, 47	27:32.0	8:53
			9:00 Pace		
1088	7	1 W50	Marialyce Steinberg, 55*	28:02.0	9:03
1122	8	3 W40	Tammy Bunn, 45*	28:13.0	9:06
1106	9		Jamie Tosland*	28:13.0	9:06
1030	20	2 M50	Patrick Griffith, 54	28:44.0	9:16

1077	21	2 M30	Brandon Reasoner, 35	29:10.0	9:25
1037	22	3 M30	Kevin Hayward, 33	29:11.0	9:25
1038	10	3 W30	Laine Hayward, 34*	29:12.0	9:25
1043	11	4 W30	Trish Hunt, 31*	29:31.0	9:31
1040	12	5 W30	Kaitlin Horn, 30*	29:51.0	9:38
1039	13	4 W40	Elizabeth Herreid, 41*	30:19.0	9:47
1061	23	4 M40	Orlan Martinez-For.,46	30:32.0	9:51
1042	24	4 M30	Jeff Hunt, 33	30:37.0	9:53
1012	25	5 M40	Gerard Buan, 40	30:45.0	9:55
1083	26	5 M30	Robert Schoefer, 39	30:48.0	9:56
			10:00 Pace		
1029	14	2 W50	Teresa Frazier, 54*	31:14.0	10:05
1117	15	6 W30	Tania Morrison, 34*	31:44.0	10:14
1008	16	3 W11	Gabi Billie, 11*	32:19.0	10:25
1066	27	6 M40	Carl Mullins, 42	32:21.0	10:26
1108	17	3 W50	Tami Grubbs, 55*	32:27.0	10:28
1006	28	5 M11	Brady Berschauer, 11	32:29.0	10:29
1071	18	4 W50	Audrey Pastore, 51*	32:38.0	10:32
1054	19	1 W20	Cassandra Longoria, 23*	33:01.0	10:39
1055	29	7 M40	Jesus Longoria, 47	33:02.0	10:39
1022	20	7 W30	Diana Davis, 34*	33:29.0	10:48
1091	21	2 W20	Kayla Tate, 26*	33:42.0	10:52
1016	22	3 W20	Emily Calangi, 25*	33:44.0	10:53
			11:00 Pace		
1105	30	6 M30	Gary Kagy, 32	34:16.0	11:03
1031	23	5 W50	Lisa Grover, 52*	34:25.0	11:06
1101	31	1 M70	Howard Harris, 76	34:39.0	11:11
1009	32	4 JrM	Jo Billie, 8	34:48.0	11:14
1075	24	6 W50	Lori Provoe, 57*	35:06.0	11:19
1049	33	3 M50	Scott Kampen, 50	35:07.0	11:20
1073	25	5 W40	Angela Price, 47*	36:05.0	11:38
1003	26	1 JrW	Vivi Adams, 7*	36:17.0	11:42
1068	27	8 W30	Sherri Nehl, 37*	36:19.0	11:43
1002	34	7 M20	Isaiah Adams, 20	36:20.0	11:43
			12:00 Pace		
1014	35	5 JrM	Raziez Buie, 8	37:18.0	12:02
1070	28	1 W70	Moe O'Hare, 70*	37:39.0	12:09
1082	29	6 W40	Kathy Ross, 43*	37:40.0	12:09
1060	30	7 W50	Liz Manning, 52*	37:40.0	12:09
1079	31	7 W40	Kerry Reetz, 48*	37:41.0	12:09
1028	32	8 W50	Christine Fox, 50*	38:00.0	12:15
1052	33	9 W30	Rebecca Khim, 35*	38:51.0	12:32
1085	34	8 W40	Angel Spencer, 46*	39:18.0	12:41
			13:00 Pace		
1093	35	10 W30	Katie Tingle, 30*	41:10.0	13:17
1086	36	2 JrW	Ashlyn Spencer, 9*	41:34.0	13:25
1019	37	9 W40	Rebecca Cornwall, 44*	42:31.0	13:43
1027	38	10 W40	Ann-Marie Fox, 48*	43:00.0	13:52

		14:00 Pace		
1007	39	11 W40 Nancy Berschauer, 45*	44:49.0	14:27
		15:00 Pace		
1048	40	9 W50 Hettie Kampen, 58*	47:55.0	15:27
1065	41	10 W50 Michelle Moore, 51*	48:05.0	15:31
1084	42	1 W60 Francine Spahr, 62*	48:12.0	15:33
1080	43	11 W50 Kimberly Rohr, 52*	48:19.0	15:35
		16:00 Pace		
1021	44	2 W60 Karen Cunniff, 63*	49:45.0	16:03
1045	45	12 W40 April Jones, 40*	49:45.0	16:03
		17:00 Pace		
1026	46	3 W60 Maureen Fitzgerald, 64*	53:15.0	17:11
		18:00 Pace		
1115	36	2 M70 Bob Morrison, 75	55:54.0	18:02
1119	37	4 M50 Chase Davis, 57	56:04.0	18:05
1112	47	2 W70 Bonnie Tucker, 74*	56:05.0	18:05
1116	48	3 W70 Sheila Morrison, 75*	56:06.0	18:06
1109	49	4 W60 Holly Spaulding, 66*	56:06.0	18:06
1110	38	2 M60 Bill Spaulding, 65	56:07.0	18:06
1114	50	4 W70 Perki Sweet, 72*	56:08.0	18:06
1111	51	5 W60 Julie Heath, 62*	56:34.0	18:15
1113	39	3 M70 Peter Sweet, 72	56:34.0	18:15
1013	52	3 JrW Aislynn Buie, 5*	56:47.0	18:19
1015	53	11 W30 Wendy Buie, 33*	56:52.0	18:21
1102	54	5 W70 Doris Aleksich, 70*	58:45.0	18:57
		20:00 Pace		
1090	55	12 W30 Kelly Stuart, 32*	1:04:00.0	20:39
1036	56	6 W60 Joyce Hancock, 60*	1:04:20.0	20:45
1050	40	4 M70 Hugh Kessel, 86	1:04:24.0	20:46
		22:00 Pace		
1121	57	7 W60 Suzie Hallen, 65*	1:08:37.0	22:08
1041	58	13 W40 Lisa Hughes, 47*	1:08:38.0	22:08
1005	59	8 W60 Lorinda Anderson, 66*	1:09:10.0	22:19
		23:00 Pace		
1058	60	6 W70 Kathie Mackey, 70*	1:14:21.0	23:59
		26:00 Pace		
1047	61	9 W60 Michele Jones, 65*	1:21:46.0	26:23

* indicates females

1 finishers among Males (no age given)

5 finishers among Men Under 11

5 finishers among Men 11 - 19

7 finishers among Men 20 - 29

6 finishers among Men 30 - 39

7 finishers among Men 40 - 49

4 finishers among Men 50 - 59

1 finishers among Men 60 - 69

4 finishers among Men 70 & Up

3 finishers among Women Under 11
3 finishers among Women 11 - 19
3 finishers among Women 20 - 29
12 finishers among Women 30 - 39
13 finishers among Women 40 - 49
11 finishers among Women 50 - 59
9 finishers among Women 60 - 69
6 finishers among Women 70 & Up
1 finishers among Females (no age given)
40 male finishers
61 female finishers
101 total finishers