



Pumpkin Dash II 5k & 10k Runs Tenino, Washington October 29, 2011

Results - All Races

5k Overall

| Place | Comp# | Name | Gender / Age Group | Hometown | Time |
|-------|-------|------------------|--------------------|---------------|----------|
| 1 | 806 | Ethan Anderson | M10 | Tenino, WA | 15:10.48 |
| 2 | 776 | Douglas Woolen | M70 | Olympia | 15:10.79 |
| 3 | 705 | Ryan Williams | M40 | Tenino | 15:11.11 |
| 4 | 769 | Joanne Marty | W30 | Vader | 15:11.66 |
| 5 | 768 | Nick Marty | M10 | Vader | 15:12.13 |
| 6 | 723 | Dustin Sprague | M18 | Tenino | 25:20.20 |
| 7 | 743 | Jacob Snyder | M18 | Tenino | 25:29.20 |
| 8 | 725 | Marissa Dallaire | W18 | Tenino | 25:38.64 |
| 9 | 732 | Howard Harris | M60 | Lacey | 26:16.23 |
| 10 | 778 | Richard Olafson | M70 | Olympia | 26:18.45 |
| 11 | 760 | Rich Staley | M30 | Tenino | 26:33.94 |
| 12 | 798 | Teresa Brunstad | W39 | Chehalis, WA | 26:35.92 |
| 13 | 795 | Correna Young | W39 | Tenino, WA | 27:29.71 |
| 14 | 767 | Dan Shirley | M18 | Tenino | 29:28.77 |
| 15 | 766 | Abrea Shirley | W10 | Tenino | 30:10.42 |
| 16 | 765 | Shiree Shirley | W30 | Tenino | 30:16.27 |
| 17 | 721 | Jeneth Tappan | W40 | Lacey | 30:20.65 |
| 18 | 780 | Marisa Noonan | W30 | Tenino | 30:27.81 |
| 19 | 762 | Sandra Lordahl | W40 | Tenino | 31:12.45 |
| 20 | 714 | Angela David | W40 | Tenino | 31:17.38 |
| 21 | 773 | Darlene Heglund | W50 | Lacey | 31:20.40 |
| 22 | 774 | Dean Heglund | M50 | Lacey | 31:21.67 |
| 23 | 802 | Dawn McReynolds | W40 | Tenino, WA | 31:25.73 |
| 24 | 781 | Pete Despot | M70 | Olympia | 31:26.06 |
| 25 | 716 | Heidi Williams | W30 | Tenino | 31:26.42 |
| 26 | 737 | Amy Chace | W30 | Rochester | 32:00.68 |
| 27 | 793 | Courtney Armga | W29 | Rochester, WA | 32:01.08 |
| 28 | 744 | Katie Snyder | W10 | Tenino | 33:33.41 |
| 29 | 722 | Tracy Brown | W30 | Olympia | 35:11.21 |
| 30 | 711 | Will Lower | M10 | Tenino | 35:13.38 |
| 31 | 709 | Paul Lower | M40 | Tenino | 35:26.38 |
| 32 | 730 | Cassie Miller | W19 | Rochester | 35:55.47 |
| 33 | 728 | Jen Scharber | W19 | Tenino | 35:55.85 |
| 34 | 771 | Bailey Young | W18 | Olympia | 37:15.96 |
| 35 | 779 | Julie Sandberg | W50 | Olympia | 37:42.10 |
| 36 | 715 | Patty Bullinger | W50 | Olympia | 37:42.71 |
| 37 | 807 | Jayda Jessie | W14 | Tenino, WA | 37:44.52 |
| 38 | 803 | Seanna Davies | W11 | Tenino, WA | 38:14.79 |
| 39 | 811 | Ryann Wachter | W11 | Tenino, WA | 38:15.09 |

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|----|-----|--------------------|-----|-------------|----------|
| 40 | 810 | Mindy Wachter | W30 | Tenino, WA | 38:18.32 |
| 41 | 800 | Ruth Davies | W40 | Tenino, WA | 38:19.56 |
| 42 | 770 | Jennifer Huff | W30 | Olympia | 38:32.27 |
| 43 | 772 | Jan Staley | W34 | Tenino | 38:37.64 |
| 44 | 782 | Kelsi Kludahl | W30 | Tenino | 38:42.65 |
| 45 | 745 | Keisha Bratcher | W25 | Olympia | 40:16.34 |
| 46 | 740 | Stephanie Maloney | W30 | Olympia | 40:16.88 |
| 47 | 742 | Diana Sheets | W50 | Olympia | 40:17.25 |
| 48 | 746 | Cathie Shaughnessy | W40 | Olympia | 40:23.51 |
| 49 | 777 | Barbara Olafson | W70 | Olympia | 48:05.19 |
| 50 | 809 | Tanya Wambold | W39 | Tenino, WA | 48:32.23 |
| 51 | 808 | Steven Wambold | M41 | Tenino, WA | 48:33.20 |
| 52 | 805 | Drake Bauman | M6 | Olympia, WA | 48:34.12 |
| 53 | 707 | Cathy Fowler | W50 | Olympia | 48:34.64 |
| 54 | 731 | Jennifer Elder | W30 | Tenino | 48:48.48 |
| 55 | 804 | Sara Betts | W28 | Tenino, WA | 48:49.16 |
| 56 | 796 | Carrie Fenner | W38 | Tenino, WA | 48:56.89 |
| 57 | 789 | Jan Sampson | W56 | Tenino, WA | 50:18.28 |
| 58 | 799 | Joy Tobin | W20 | Tenino, WA | 50:18.65 |
| 59 | 729 | Wanda Hendricks | W50 | Tenino | 51:33.66 |
| 60 | 708 | Christina Gaidrich | W19 | Olympia | 51:59.21 |
| 61 | 719 | Corey Connors | M18 | Tumwater | 52:59.98 |
| 62 | 720 | Gabby Connors | W18 | Tumwater | 53:00.86 |
| 63 | 718 | Susan Connors | W40 | Tumwater | 53:07.28 |
| 64 | 717 | Scott Connors | M40 | Tumwater | 53:07.92 |
| 65 | 706 | Vicki Gaidrich | W50 | Olympia | 54:29.67 |

5k Age Group

| Place | Name | Hometown | Avg Mile | Time |
|-----------------------|--------------------|---------------|----------|----------|
| 6-10 Results - Women | | | | |
| 1 | Abrea Shirley | Tenino | 9:42.8 | 30:10.42 |
| 2 | Katie Snyder | Tenino | 10:48.1 | 33:33.41 |
| 11-18 Results - Women | | | | |
| 1 | Marissa Dallaire | Tenino | 8:15.3 | 25:38.64 |
| 2 | Bailey Young | Olympia | 11:59.7 | 37:15.96 |
| 3 | Jayda Jessie | Tenino, WA | 12:08.9 | 37:44.52 |
| 4 | Seanna Davies | Tenino, WA | 12:18.7 | 38:14.79 |
| 5 | Ryann Wachter | Tenino, WA | 12:18.8 | 38:15.09 |
| 6 | Gabby Connors | Tumwater | 17:03.9 | 53:00.86 |
| 19-29 Results - Women | | | | |
| 1 | Joy Tobin | Tenino, WA | 16:11.6 | 50:18.65 |
| 2 | Courtney Armga | Rochester, WA | 10:18.4 | 32:01.08 |
| 3 | Cassie Miller | Rochester | 11:33.8 | 35:55.47 |
| 4 | Jen Scharber | Tenino | 11:33.9 | 35:55.85 |
| 5 | Keisha Bratcher | Olympia | 12:57.8 | 40:16.34 |
| 6 | Sara Betts | Tenino, WA | 15:42.8 | 48:49.16 |
| 7 | Christina Gaidrich | Olympia | 16:44.0 | 51:59.21 |
| 30-39 Results - Women | | | | |
| 1 | Joanne Marty | Vader | 4:53.5 | 15:11.66 |
| 2 | Jan Staley | Tenino | 12:26.0 | 38:37.64 |
| 3 | Tracy Brown | Olympia | 11:19.6 | 35:11.21 |
| 4 | Teresa Brunstad | Chehalis, WA | 8:33.7 | 26:35.92 |
| 5 | Correna Young | Tenino, WA | 8:51.0 | 27:29.71 |
| 6 | Shiree Shirley | Tenino | 9:44.6 | 30:16.27 |
| 7 | Marisa Noonan | Tenino | 9:48.4 | 30:27.81 |
| 8 | Heidi Williams | Tenino | 10:07.2 | 31:26.42 |

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|-----------------------|--------------------|-------------|---------|----------|
| 9 | Amy Chace | Rochester | 10:18.2 | 32:00.68 |
| 10 | Mindy Wachter | Tenino, WA | 12:19.8 | 38:18.32 |
| 11 | Jennifer Huff | Olympia | 12:24.3 | 38:32.27 |
| 12 | Kelsi Kludahl | Tenino | 12:27.6 | 38:42.65 |
| 13 | Stephanie Maloney | Olympia | 12:58.0 | 40:16.88 |
| 14 | Tanya Wambold | Tenino, WA | 15:37.4 | 48:32.23 |
| 15 | Jennifer Elder | Tenino | 15:42.6 | 48:48.48 |
| 16 | Carrie Fenner | Tenino, WA | 15:45.3 | 48:56.89 |
| 40-49 Results - Women | | | | |
| 1 | Jeneth Tappan | Lacey | 9:46.1 | 30:20.65 |
| 2 | Sandra Lordahl | Tenino | 10:02.7 | 31:12.45 |
| 3 | Angela David | Tenino | 10:04.3 | 31:17.38 |
| 4 | Dawn McReynolds | Tenino, WA | 10:07.0 | 31:25.73 |
| 5 | Ruth Davies | Tenino, WA | 12:20.2 | 38:19.56 |
| 6 | Cathie Shaughnessy | Olympia | 13:00.1 | 40:23.51 |
| 7 | Susan Connors | Tumwater | 17:05.9 | 53:07.28 |
| 50-59 Results - Women | | | | |
| 1 | Darlene Heglund | Lacey | 10:05.3 | 31:20.40 |
| 2 | Julie Sandberg | Olympia | 12:08.1 | 37:42.10 |
| 3 | Patty Bullinger | Olympia | 12:08.3 | 37:42.71 |
| 4 | Diana Sheets | Olympia | 12:58.1 | 40:17.25 |
| 5 | Cathy Fowler | Olympia | 15:38.2 | 48:34.64 |
| 6 | Jan Sampson | Tenino, WA | 16:11.5 | 50:18.28 |
| 7 | Wanda Hendricks | Tenino | 16:35.8 | 51:33.66 |
| 8 | Vicki Gaidrich | Olympia | 17:32.4 | 54:29.67 |
| 70+ Results - Women | | | | |
| 1 | Barbara Olafson | Olympia | 15:28.7 | 48:05.19 |
| 6-10 Results - Men | | | | |
| 1 | Ethan Anderson | Tenino, WA | 4:53.1 | 15:10.48 |
| 2 | Nick Marty | Vader | 4:53.6 | 15:12.13 |
| 3 | Will Lower | Tenino | 11:20.3 | 35:13.38 |
| 4 | Drake Bauman | Olympia, WA | 15:38.0 | 48:34.12 |
| 11-18 Results - Men | | | | |
| 1 | Dustin Sprague | Tenino | 8:09.3 | 25:20.20 |
| 2 | Jacob Snyder | Tenino | 8:12.2 | 25:29.20 |
| 3 | Dan Shirley | Tenino | 9:29.4 | 29:28.77 |
| 4 | Corey Connors | Tumwater | 17:03.6 | 52:59.98 |
| 30-39 Results - Men | | | | |
| 1 | Rich Staley | Tenino | 8:33.1 | 26:33.94 |
| 40-49 Results - Men | | | | |
| 1 | Ryan Williams | Tenino | 4:53.3 | 15:11.11 |
| 2 | Paul Lower | Tenino | 11:24.5 | 35:26.38 |
| 3 | Steven Wambold | Tenino, WA | 15:37.7 | 48:33.20 |
| 4 | Scott Connors | Tumwater | 17:06.1 | 53:07.92 |
| 50-59 Results - Men | | | | |
| 1 | Dean Heglund | Lacey | 10:05.7 | 31:21.67 |
| 60-69 Results - Men | | | | |
| 1 | Howard Harris | Lacey | 8:27.4 | 26:16.23 |
| 70+ Results - Men | | | | |
| 1 | Douglas Woolen | Olympia | 4:53.2 | 15:10.79 |
| 2 | Richard Olafson | Olympia | 8:28.1 | 26:18.45 |
| 3 | Pete Despot | Olympia | 10:07.1 | 31:26.06 |

10k Overall

| Place | Comp# | Name | Gender / Age Group | Hometown | Time |
|-------|-------|-----------------|--------------------|-------------|----------|
| 1 | 783 | Nick Harvey | M20 | Olympia | 33:54.71 |
| 2 | 792 | Andrew Prentice | M28 | Olympia, WA | 35:07.60 |
| 3 | 733 | Erik Heimann | M30 | Olympia | 40:51.34 |
| 4 | 786 | Andrew Canavan | M14 | Olympia, WA | 44:03.18 |
| 5 | 785 | Michael Canavan | M47 | Olympia, WA | 44:05.38 |
| 6 | 784 | Karissa Owen | W20 | Olympia | 44:19.14 |
| 7 | 791 | Kaleigh Bishop | W25 | Olympia, WA | 44:37.27 |
| 8 | 787 | Paul Hulzebos | M55 | Lacey, WA | 44:58.17 |
| 9 | 735 | Sarah Yardley | W19 | Olympia | 45:17.98 |
| 10 | 747 | Brooks Martin | M40 | Tenino | 46:29.52 |
| 11 | 788 | Greg Moore | M38 | Olympia, WA | 47:41.54 |
| 12 | 704 | Allison Graves | W30 | Tenino | 51:12.89 |
| 13 | 752 | Nickee Watson | W30 | Tenino | 51:13.15 |
| 14 | 727 | Kevin Kozak | M50 | Olympia | 53:49.82 |

10k Age Group

| Place | Name | Hometown | Avg Mile | Time |
|-----------------------|-----------------|-------------|----------|----------|
| ===== | | | | |
| 19-29 Results - Women | | | | |
| 1 | Karissa Owen | Olympia | 7:08.0 | 44:19.14 |
| 2 | Kaleigh Bishop | Olympia, WA | 7:10.9 | 44:37.27 |
| 3 | Sarah Yardley | Olympia | 7:17.5 | 45:17.98 |
| 30-39 Results - Women | | | | |
| 1 | Allison Graves | Tenino | 8:14.6 | 51:12.89 |
| 2 | Nickee Watson | Tenino | 8:14.6 | 51:13.15 |
| 11-18 Results - Men | | | | |
| 1 | Andrew Canavan | Olympia, WA | 7:05.4 | 44:03.18 |
| 19-29 Results - Men | | | | |
| 1 | Nick Harvey | Olympia | 5:27.5 | 33:54.71 |
| 2 | Andrew Prentice | Olympia, WA | 5:39.2 | 35:07.60 |
| 30-39 Results - Men | | | | |
| 1 | Erik Heimann | Olympia | 6:34.5 | 40:51.34 |
| 2 | Greg Moore | Olympia, WA | 7:40.6 | 47:41.54 |
| 40-49 Results - Men | | | | |
| 1 | Michael Canavan | Olympia, WA | 7:05.8 | 44:05.38 |
| 2 | Brooks Martin | Tenino | 7:29.0 | 46:29.52 |
| 50-59 Results - Men | | | | |
| 1 | Paul Hulzebos | Lacey, WA | 7:14.3 | 44:58.17 |
| 2 | Kevin Kozak | Olympia | 8:39.8 | 53:49.82 |