

## RELEASE AND WAIVER OF LIABILITY

By my signature below, I execute the following release and waiver of liability and assumption of risk and indemnification in favor of Mason General Hospital Foundation, a Washington non-profit corporation organized and existing under the laws of the State of Washington, USA, its affiliates and associated parties including but not limited to Centennial Hospital Guild, Mason County Forest Festival Association, the City of Shelton, Mason County, and all entities' directors, officers, employees, volunteers and agents (collectively "MGH"). In consideration of acceptance of this entry form authorizing participation by myself/my minor child in the Goldsborough Creek Run/Walk (hereinafter "Event"), I execute this waiver/release and assumption of risk/indemnification on behalf of myself, my heirs, executors, administrators, and all other parties including my marital community, and any other individual with parental/guardianship interests. I/my child desire to participate in the Event. I understand that participation in the Event presents elements of risk, including but not limited to risk of injury, harm, illness, death and property damage. I understand that I bear the responsibility of ensuring that I/my child am/is medically able and properly trained to participate in the Event. I hereby freely, voluntarily, of my own will (and after consultation with and approval by my spouse and/or any other individual with parental/guardianship interests in the case of Event entry by my minor child), agree to release, forever discharge and hold harmless and indemnify MGH from any liability with respect to any claim that may arise, related in any way to my/my child's participation in the Event. **I intend this release, waiver, indemnification and assumption of risk to be as broad in its extent and purpose as the law will allow, including claims arising from MGH's negligence.**

I authorize the provision of medical care/treatment as deemed necessary by MGH, and intend this waiver to apply to any treatment or other medical services rendered in connection with my/my child's participation in the Event. I understand that MGH does not carry or maintain, and expressly disclaims responsibility for providing any health, medical or disability insurance coverage for Event participants. Each participant is expected and encouraged to carry insurance prior to participating in the Event.

I have read this entire Release and understand all of the provisions. I understand that I may consult with independent legal counsel before signing this agreement if I have any questions or concerns. I express my agreement with the foregoing provisions by my signature below.

**I give permission for my photo to be used for publicity or results.**

Name of Adult Participant or  
Minor Child Participant (please print): \_\_\_\_\_

Signature of Adult Participant or  
Parent/Guardian of Minor Participant: \_\_\_\_\_

Date Signed: \_\_\_\_\_ Participant's Age: \_\_\_\_\_

Participant's Phone Number: ( \_\_\_\_\_ ) \_\_\_\_\_

Participant's Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

## 2018 Goldsborough Creek Run/Walk/Jog Routes



Proceeds benefit

**Mason General Hospital Foundation**  
In memory of *Kristi Armstrong, R.N.*,  
long-time Centennial Guild member and  
beloved nurse at Mason General Hospital.

# 2018 GOLDSBOROUGH CREEK RUN/WALK/JOG

**Saturday, June 2, 2018**  
A Mason County Forest Festival Event  
Shelton, Washington

- 7-Mile Run or Walk
- 2-Mile Run or Walk
- 1/4-Mile Junior Jog



Sponsored by Centennial Guild  
A Chapter of Mason General Hospital Foundation  
[www.MasonGeneral.com](http://www.MasonGeneral.com)

Title Sponsor:  
**OCCU**  
Our Community Credit Union

## 2018 Goldsborough Creek Run/Walk/Jog

A Mason County Forest Festival Event • Sponsored by Centennial Guild  
**7-Mile Run or Walk • 2-Mile Run or Walk • 1/4-Mile Junior Jog**

### Course:

- All events finish at the Shelton Post Office.
- Run and Walk events start at the Shelton Valley Christian School on Shelton Valley Road (see map). The Junior Jog starts at 7th Street and Railroad Avenue.
- **All Run/Walk participants must check in prior to 7:30 a.m. (7-Mile walkers by 6:30 a.m.) at the Post Office Park, Shelton. Junior Joggers check in by 9:00 a.m. All participants must wear a competitor number provided by the sponsor.**
- From Highway 101 take the Shelton/Matlock Road exit and turn east toward the city center. No parking is allowed on Railroad Avenue due to the race and parade. From there, **participants will be transported by shuttle bus to the start lines.** The last shuttle leaves the Post Office at 7:40 a.m.
- Please return a completed Entry Form with applicable fee by May 29 (May 12 if ordering a dry-wick shirt). **Day-of-race registration** must be completed by 7:15 a.m.
- A **\$5 fee** will be added for Day-of-Race registration.
- All participants must sign the **Release and Waiver of Liability** form (see attached) to participate in the run/walk/jog.
- Due to liability, no dogs on course.
- For more information, entry forms, or post-race results, go to [www.MasonGeneral.com](http://www.MasonGeneral.com).

### Sponsors



Armstrong & Armstrong  
Christmas Trees



Don Small  
and Sons, Oil  
Distributors



### Registration Fees:

- **Early registration** accepted on-line or with postmark by May 12; additional fees apply after May 12.
- **Pre-registration** open until May 29.
- **Family/group discounts** are available. Call (360) 426-5821 or email [G\\_CreekRun@comcast.net](mailto:G_CreekRun@comcast.net) prior to May 26.
- **Day-of-race registration:** cash or check only. **Optional commemorative shirt is an additional fee and must be ordered by May 12.** See registration entry form for additional details.
- **No refunds.**
- **On-line registration powered by [www.RunSignUp.com](http://www.RunSignUp.com)** requires use of credit card; a processing fee will also apply.
- **Electronic chip timing by Peak Performance.**

### Date/Place:

**Saturday, June 2, 2018**  
Shelton, Washington

Check-in begins at 6:00 a.m. at the Shelton Post Office

- 7:00 a.m.** Goldsborough Creek 7-Mile Walk starts
- 8:00 a.m.** Goldsborough Creek 2-Mile Run/Walk starts 7-Mile Run starts
- 9:30 a.m.** Junior Jog starts at 7th Street and Railroad Ave.
- 9:45 a.m.** Goldsborough Creek Run Awards and random prizes presented at the Shelton Post Office
- 11:00 a.m.** Mason County Forest Festival Paul Bunyan Parade starts

### Questions?

Contact Sheryal Balding at (360) 426-5821 or e-mail her at [G\\_CreekRun@comcast.net](mailto:G_CreekRun@comcast.net)

Separate Entry Form, fill-in and mail with payment or register on-line at [www.RunSignUp.com](http://www.RunSignUp.com)

## 2018 Goldsborough Creek Run/Walk/Jog

A Mason Country Forest Festival Event • Sponsored by Centennial Guild  
**ENTRY FORM (One Entry per Form)**

To register on-line, go to **[www.RunSignUp.com](http://www.RunSignUp.com)** or mail entries by May 29 with Entry Fee payable to:  
 Centennial Guild, c/o 50 East Park Place, Shelton, WA 98584.  
**If ordering a shirt, entry must be received by May 12.**

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_  
Please Print: Last Name First

Address \_\_\_\_\_ City \_\_\_\_\_

State / Zip \_\_\_\_\_ E-Mail \_\_\_\_\_

**Category:**  Male  Female Age \_\_\_\_ Birthdate (M/D/Y): \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Age Group:**  3-5  6-8  9-14  15-19  20-29  
 30-39  40-49  50-59  60-69  70 +

**Event:** Mark one per entry form. *\*Note: 7-mile Walk event and Jr. Jog are non-competitive for division awards. All participants eligible for random prizes. Must be present to win.*

2-Mile Run or Walk\*  
 7-Mile Run  7-Mile Walk\*  
 1/4-Mile Jr. Jog (for 3-8 years; not chip timed)\*

**Fees:**

Walk or Run Registration Fee (Pre-May 12) ..... \$20 \$ \_\_\_\_\_  
 Walk or Run Registration Fee (Post-May 12) ..... \$25 \$ \_\_\_\_\_  
 Day of Race Registration Fee ..... \$30 \$ \_\_\_\_\_  
 Junior Jog Registration Fee ..... \$15 \$ \_\_\_\_\_  
 Optional dry-wick commemorative shirt (by May 12) ..... \$20 \$ \_\_\_\_\_

Shirt sizing if ordered by May 12th:  Youth  Ladies  Mens  
 Small  Medium  Large  XL  XXL

Family/group discount: Call (360) 426-5821 or email [G\\_CreekRun@comcast.net](mailto:G_CreekRun@comcast.net) prior to May 26.

Total Enclosed (Write checks/MOs to Centennial Guild) ..... \$ \_\_\_\_\_

Payment by Cash  Check # \_\_\_\_\_  Money Order



**I have read and signed the waiver of liability on the reverse side.**

Signed: \_\_\_\_\_