

Mail registration to: Tenino Area Chamber of Commerce, OTD 5k, PO Box 506, Tenino WA 98589

*All finishers receive a finishers medallion!

5k (without shirt) \$25

5k (with shirt) \$35

Day of Race (after July 17) \$35 (no event shirt)

Family \$25 first member +\$10 entry each additional member, +\$10 each additional T-shirt

First Name _____

Last Name _____

Address: _____

Email: _____

Circle gender: Male Female

Age Day of Race _____

Circle Shirt Size(s): YS YM YL AS AM AL AXL AXXL AXXXL

Each entrant will receive \$5 Tenino wood money good as cash at participating local businesses.

Family entry:

Name #2 _____ m/f age _____

Name #3 _____ m/f age _____

Name #4 _____ m/f age _____

Name #5 _____ m/f age _____

1st Annual Oregon Trail Days 5k

Tenino, WA

Flat Fast Course True 5k (3.1 miles) starts on Parade route right before parade begins (corner of Sussex and Custer).



Saturday July 26, 2014

Finishers Medallion

Dry Fit Sports T-Shirt (optional)

\$1 Tenino Wood Money (good as cash at participating local businesses)

Age group awards including

Over all top 3 Male and Female Open and Masters

Course is flat and fast! It is 5k (3.1 miles) that has been verified with wheel and GPS measurement. Start line is at corner of Custer Street and Sussex Avenue. The run begins before the parade on the parade route heading west on Sussex. Turn left at Keithahn, left on Park Avenue, take first park entrance and take bike path on right side of path east for just under a mile, turn around on bike path again staying on right side of path. Take first right pedestrian path onto Reynolds Street then left on to Park Avenue. Head toward finish line in front of Tenino Park on Park Avenue.

Sponsors: thank you Tenino Chiropractic, Key Bank of Tenino, Tenino Area Chamber of Commerce, Spin Tees, Grindstaff Trophies, and South Sound Running. Also, thank you to the people of Tenino and the Tenino HS cross country team for your support and help!

Questions? Contact Paul Bliss
runfaster3@comcast.net

Awards: RACE DIVISIONS 11 & under

12 – 14 years 15 – 19 years

20 – 24 years 25-29 years

30 – 34 years 35-39 years

40 – 44 years 45-49 years

50 – 54 years 55-59 years

60 and over

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all persons, organizations, their representatives, and successors from all claims and liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that the entry fee is nonrefundable and that any individual under 18 years of age must have a parent/guardian sign this form.

Signature: _____

Parent/Guardian (if under 18): _____

Date: _____